



Oonagh Williams was born and brought up in London, England. She has a Culinary Arts Degree and is a qualified teacher. London and Switzerland were her training grounds and she has a reasonable fluency in French and Spanish, plus smattering of Dutch, German, Italian and Lithuanian. Having traveled extensively throughout Europe, she has an eclectic view of different cultures and cuisines that she incorporates into her catering service and classes where her students love to hear her stories. People love her down to earth, common sense attitude and approach. She has called Merrimack, NH home, with her husband and son, since September 1987.

Oonagh divides her time between teaching Adult International Cooking classes as well as providing a gourmet Catering Service and regularly appearing on the local ABC TV station. The "Cooking with Oonagh" show is now in its second season on local cable TV stations. Oonagh offers Gourmet, International, Super Bowl fare and Grandma's comfort food for her client's delight. Everything is from scratch, made to order, with all real ingredients - not a packet mix in sight! Everyone raves about Oonagh's food after rediscovering what food should taste like. Recipes are alive and change with available ingredients. They grow and expand.

#### Highlights

- The featured chef on [WMUR ABC's Channel 9's Cooks Corner](#) regularly for more than 10 years
- TV cooking shows featured on [YouTube](#), which went around the world in the first month.
- Featured in July 2008 [National Networker ezine article](#)
- [Modern Media presentation](#) to Business and Professional Women (BPW)
- Produced corporate team building cooking challenge for ABWA June 2008
- Earned first place in *North East Alliance for Community Media* for her cable TV cooking show in October 2005.
- Won *Merrimack Chamber of Commerce Peoples Choice Award* at 2003 Gourmet Festival, last time it was held
- All food is from scratch with all real ingredients, local where possible - own freshly grown herbs in season
- A business speaker as well as chef/demonstrator to many area organizations
- Featured in local and regional newspapers, including *The Union Leader*, *The Telegraph*, the *Hippo* and various radio stations.
- Being called "The British Julia Child!" "Oonagh sounds like Julie Andrews not Jamie Oliver"

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